

5K Run/Walk

Sunday September 24, 2017



**WINDHAM HIGH SCHOOL
406 GRAY RD WINDHAM, ME
9 A.M. START TIME**

Gather you friends and family to walk or run in this family fun 5k!
Individual and Team Categories!

Sub Event: FIT 4 DUTY 5k Team Challenge - for all Fire, EMS, or Law Enforcement personnel. Gather a team of 4 from your department to earn the perpetual trophy and the bragging rights for the year! Run in full gear to earn a challenge coin!



REGISTER ONLINE

**PRE-REGISTRATION
\$25 PER RUNNER**

**REGISTER BEFORE
8/15/17 AND
RECEIVE A
FREE T-SHIRT!**

**TEAM REGISTRATION
BEFORE 8/15/17 IS
\$20 PER TEAM
MEMBER**

**RACE DAY
REGISTRATION
\$30 PER RUNNER**

**ALL NET PROCEEDS
BENEFIT THE RICK
DUNCANSON MEMORIAL
SCHOLARSHIP**

**RICK DUNCANSON
MEMORIAL SCHOLARSHIP**

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